

## Your weekly update

This week, Michael West and Suzie Bailey ask why more health and care staff from ethnic minority backgrounds are dying from Covid-19 and we publish the latest quick-read resources in our Leading through Covid-19 series.

Plus, our podcast is back, with Dr Jeeves Wijesuriya, discussing the impact of Covid-19 and the junior doctor dispute.

'Leadership is about relationships, not being a superhero.'

Don't miss the latest bite-sized resources from our Leading through Covid-19 series. We set out five tips to help retain your team's collective strength and explore how noticing your breathing can help to anchor you.

We also hear from Professor Don Berwick on how leaders can adapt to changing circumstances.





### 3-minute reads:

>> [Managing anxiety: breathing](#)

>> [Five tips to help retain your team's collective strength](#)



**2-minute watch:** [Don Berwick on adapting to changing circumstances](#)



### **Blog**

### **[Ethnic minority deaths and Covid-19: what are we to do?](#)**

Covid-19 is taking a disproportionate toll on health and care staff from ethnic minority backgrounds. Michael West and Suzie Bailey consider the role we all have to play in addressing this.

[Read the blog](#)

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### **Covid-19 explainer**

#### **Testing times: the government's approach to Covid-19 testing**

Testing is a critical tool in managing any pandemic — but how does it work? David Buck explores the thinking behind the current UK strategy.

[Find out more](#)

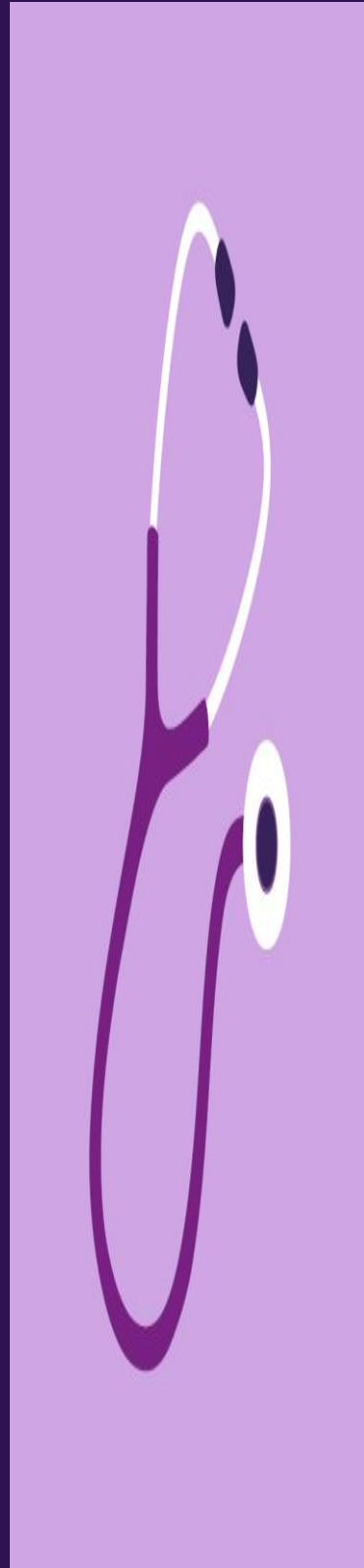
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[Podcast](#)

[From contract disputes to Covid-19: tales from a junior doctor](#)

What's it like for clinicians working through the Covid-19 pandemic? And what really happened during the 2015 junior doctor dispute?

Anna Charles talks with Dr Jeeves Wijesuriya, GP trainee and former chair of the BMA Junior Doctors Committee.



[Listen now](#)

### [Guest blog](#)

#### [Tackling the Covid-19 outbreak in care homes](#)

Care home staff are on the front line in the response to Covid-19. Researchers Adam Gordon and Claire Goodman reflect on the messages they're hearing from staff about what support is needed.

[Read the guest blog](#)

### A message to our readers

The world has changed dramatically over the past few weeks. The Covid-19 outbreak has developed rapidly and has affected us all, but particularly our health and care systems and the incredible people who work in them. We want to send our best wishes to all of our readers – we hope you are staying safe and well in these unprecedented times.

The King's Fund office is currently closed in line with government guidelines, but we are working remotely and are exploring how we can focus on the impact of the outbreak and the experience of the staff who are working tirelessly across the health and care system to help those affected. Please follow our [website](#) and [Twitter](#) for our latest research and commentary.