

Your weekly update

This week, we bring you our latest quick-read guides for leading through Covid-19, Helen Gilbert considers the essential role of volunteers in the current crisis, and we share our new NHS funding explainer.

[Bite-sized guides for health and care leaders](#)

The Covid-19 crisis is placing unprecedented pressure on leaders across the health and care system. To support this community, we've created Leading through Covid-19, a collection of quick-read practical guides and videos, which we're adding to every week.



This week, we share a simple framework to help you [manage and renew your energy](#), and hear from [Dr Sabrina Cohen-Hatton, Chief Fire Officer for West Sussex Fire and Rescue Service](#), [about making decisions in difficult circumstances](#).



[3-minute read: Managing your energy](#)



[3-minute watch: Making decisions in difficult circumstances](#)



[Blog](#)

[Volunteering in the Covid-19 crisis](#)

NHS volunteer responders have grabbed the headlines with a record 750,000 people signing up to volunteer. What does this unprecedented contribution look like, and how does it fit in to the wider picture of health care volunteering? Helen Gilbert considers.

[Read Helen's blog](#)



Infographic

NHS funding explained

How does funding flow through the health service? And how are providers regulated and commissioned? Find out with our simple infographic guide and explainer animation.

[Learn more](#)



Blog

Services and the community: what can we learn from Grenfell?

As health and care services rapidly transform to tackle the Covid-19 outbreak, Sally Warren considers the value of working with and within communities to drive change, drawing on the lessons learnt in the aftermath of the Grenfell tragedy.

[Read Sally's blog](#)

[Free online course](#)

[The NHS explained: how the health care system in England really works](#)

Before the Covid-19 outbreak, how much did the NHS spend on staffing and how has the workforce changed over time? Over four weeks, our free online course will provide you with a broad understanding of the NHS – its inner workings, how it all fits together and the challenges it typically faces.

[Find out more](#)

A message to our readers

The world has changed dramatically over the past few weeks. The Covid-19 outbreak has developed rapidly and has affected us all, but particularly our health and care systems and the incredible people who work in them. We want to send our best wishes to all our readers – we hope you are staying safe and well in these unprecedented times.

The King's Fund office is currently closed in line with government guidelines, but we are working remotely and are exploring how we can focus on the impact of the outbreak and the experience of the staff who are working tirelessly across the health and care system to help those affected. Please follow [our website](#) and [Twitter](#) for our latest research and commentary.
