

# Health & Wellbeing Bulletin

## Leading through Covid-19: supporting health and care leaders in unprecedented times

The health and care system in the United Kingdom is facing a huge challenge, placing enormous pressure on health and care staff with unprecedented demands on leaders, wherever they work. These pages aim to provide support to health and care leaders, whether they are working in the NHS, social care, public health or the voluntary and independent sector.



[Read now](#)

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The psychological needs of health care staff as a result of the Coronavirus pandemic

This guide is for leaders and managers of health care services who need to consider the wellbeing needs of all health care staff (clinical and non-clinical) as a result of the Covid-19 outbreak. It offers practical recommendations for how to respond at individual, management and organisational level by using the expertise of practitioner psychologist and mental health professionals; anticipating the psychological reactions over time; and considering what people may need to recovery psychologically from this.



[Report](#)



[British Psychological Society](#)

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## Life under lockdown: coronavirus in the UK

This survey of the UK public, conducted by King's College London and Ipsos MORI, shows there is strong understanding of the realities of Covid-19 and support for the government's measures – but there also many widespread misperceptions. It finds that many are struggling with life under 'lockdown'.



[Report](#)



[King's College London](#)

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**Survey results: understanding people's concerns about the mental health impacts of the Covid-19 pandemic**

The Academy of Medical Sciences, together with the research charity MQ: Transforming Mental Health, is working with researchers and those with lived experience to ensure that mental health is at the heart of research into the impacts of Covid-19. This report describes the findings of a consultation undertaken in late March 2020, the week that the Prime Minister announced the UK lockdown in response to the Covid-19 pandemic.



[Report](#)



[The Academy of Medical Sciences](#)

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## Supporting older people and people living with dementia during self-isolation

This guidance for older people includes advice on remaining connected and staying active during the pandemic, and a section on the needs of people living with dementia and memory problems — particularly on how to help them understand and follow Covid-19 advice.



[Report](#)



[British Psychological Society](#)

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## Coronavirus (Covid-19) infection and pregnancy

The Royal College of Obstetricians and Gynaecologists has produced guidance for health professionals, employers and pregnant women and their families providing information on Covid-19 and pregnancy.



[Royal College of Obstetricians and Gynaecologists](#)

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## FSRH position: essential SRH services during Covid-19 March 2020

This guidance from the Faculty of Sexual and Reproductive Healthcare (FSRH) sets out recommendations on essential sexual and reproductive health services (SRH) that must continue over the coming months. It also contains recommendations for alleviating the current pressure on services in primary and community settings to ensure equitable access for those from different social and ethnic backgrounds.



[Guidance](#)



[Faculty of Sexual and Reproductive Healthcare](#)

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## Sexual health, reproductive health and HIV services: emergency Covid-19 contingency plan paper for government

This document has been jointly produced by the Faculty of Sexual and Reproductive Healthcare, the British Association for Sexual Health and HIV and the British HIV Association, which represent all sexual health, reproductive health and HIV service providers in the United Kingdom. It sets out formal recommendations for the level of government support needed to ensure these services are equipped to enact immediate

short-term Covid-19 contingency measures, as well as medium- and longer-term steps that will be needed in the coming weeks and months.



[Report](#)



[Faculty of Sexual and Reproductive Healthcare](#)

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## Coronavirus: prisons (England and Wales)

The Ministry of Justice has said HM Prison and Probation Service is working closely with Public Health England, the NHS and the Department of Health and Social Care to manage the challenges prisons are facing as a result of Covid-19. The prison system has been placed in 'command mode', whereby the response to a major incident can be co-ordinated nationally.



[Report](#)



[House of Commons Library](#)

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## Covid-19: guidance for commissioners and providers of services for people who use drugs or alcohol

This guidance, developed by the Department of Health and Social Care and Public Health England, will assist commissioners, managers and staff in addressing Covid-19 and

associated disease in drug and alcohol services, including services for young people. The guidance may be updated in line with the changing situation.



[Guidance](#)



[Department of Health and Social Care](#)

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## Owning the future: a new era of community wealth building

This paper, from the Centre for Local Economic Strategies and the Democracy Collaborative, argues that community wealth-building policy and practice must shift to meet the scale of the Covid-19 crisis, building a new institutional power base for a new politics of community control from the ground up. It lays out the likely impact of Covid-19 on the economic landscape that community wealth building must now serve.



[Report](#)



[Centre for Local Economic Strategies](#)

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## Rescue, recover, reform: a framework for new local economic practice in the era of Covid-19

This paper is for local authority politicians, senior officers and economic development professionals responding to the local economic shock of the Covid-19 pandemic. It aims to provide a practical framework for action to respond to the immediate crisis and the

urgent imperative to rebuild local economies that are fairer, more inclusive and more secure than those that existed before.



[Report](#)



[Centre for Local Economic Strategies](#)

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## Coronavirus status checker

People with potential coronavirus symptoms are now being asked to complete this status checker and answer a short series of questions that will tell the NHS about their experience. The checker is designed help the NHS co-ordinate its response and build up additional data on the Covid-19 outbreak. Anyone in the United Kingdom can use the checker on the NHS website and in its initial phase the NHS is particularly keen for anyone who thinks they may be displaying potential coronavirus symptoms, no matter how mild, to complete it.



[Status checker](#)



[Department of Health and Social Care](#)

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## News and analysis

- [Fifth of primary children afraid to leave house over Covid-19, survey finds](#) (The Guardian, 10 April 2020)

- [WHO warns about dangers of premature lifting of Covid-19 restrictions](#) (Reuters, 10 April 2020)
- [Apple and Google to add contact tracing technology to mobile phones to track virus's spread](#) (The Telegraph, 10 April 2020)
- ['A fifth of Britons' with Covid-19 symptoms may not be fully self-isolating](#) (Sunday Post, 11 April 2020)
- [Social distancing may be needed intermittently into 2022, research suggests](#) (ITV News, 14 April 2020)
- [Coronavirus: should everyone be wearing face masks?](#) (The Guardian, 15 April 2020)
- [Social economic factors play part in high proportion of Covid-19 ethnic minority patients, GP says](#) (ITV News, 15 April 2020)
- [Inquiry announced into disproportionate impact of coronavirus on BAME communities](#) (The Guardian, 16 April 2020)
- [Q&A – Why don't we know how many BAME people are dying?](#) (The Guardian, 16 April 2020)
- [Coronavirus: NHS contact tracing app to target 80% of smartphone users](#) (BBC News, 16 April 2020)
- [Coronavirus: increased alcohol consumption during lockdown could lead to 'second health crisis', warn researchers](#) (Independent, 16 April 2020)
- [Coronavirus: London mayor Sadiq Khan calls for 'compulsory' face masks](#) (BBC News, 17 April 2020)
- [English councils set for £1bn bailout as costs of Covid-19 hit them hard](#) (The Guardian, 17 April 2020)
- ['Unprecedented' plan to prevent suicides during Covid-19 crisis](#) (HSJ, 17 April 2020)
- [Failure to record ethnicity of Covid-19 victims a 'scandal', says BMA chief](#) (The Guardian, 18 April 2020)
- [Air pollution linked to raised Covid-19 death risk](#) (BBC News, 20 April 2020)
- [Coronavirus cases to be tracked by ethnicity](#) (BBC News, 18 April 2020)
- [Are ethnic minority coronavirus patients more likely to die?](#) (Channel 4 News, 21 April 2020)