

Your weekly update

This week, we share our guides to collaborating in a crisis and practicing self care during Covid-19. How has coronavirus affected UK life expectancy? Find out in our updated explainer, and celebrate Pride month with our LGBT+ health reading list.

Collaboration in a crisis: how can we take a collective response to Covid-19?

The Covid-19 crisis has seen multiple organisations working together to address a shared challenge. But how can we become better at cross-sector co-ordination? In our latest Leading through Covid-19 quick-read guide, Ben Collins shares insights on what a collective response could look like.

[Learn more \(3-minute read\)](#)





Quick-watch video

Why it's essential to remember self care in a crisis

We spoke to Fatima Khan-Shah, Patient Leader and Partnership Lead for the Unpaid Carers Programme, West Yorkshire and Harrogate Health and Care Partnership, about how you can prioritise self care during the Covid-19 crisis.

[Watch the video \(2-minute watch\)](#)

Updated explainer

What's happening to life expectancy in the UK?

How does UK life expectancy compare to other countries, what role do gender and geographical differences play, and how is Covid-19 having an impact on life expectancy in 2020? Veena Raleigh, Senior Fellow, answers these questions and more in our updated life expectancy explainer.

[Read Veena's explainer](#)



Guest blog

What has Covid-19 taught us about supporting workforce mental health and wellbeing?

The Covid-19 outbreak has exposed gaps in psychosocial support for health care workers. Mary Docherty, Consultant Liaison Psychiatrist at King's College Hospital NHS Foundation Trust London, considers the action needed to address those gaps and meet the needs of the workforce in future.

[Read Mary's blog](#)

Press statement

'Lessons must be learnt' as ONS reveal tragic death toll among care staff

Suzie Bailey, Director of Leadership and Organisational Development at The King's Fund, comments on the latest ONS figures on Covid-19 deaths by occupation.

[Read the statement](#)



Pride spotlight

LGBT+ health: useful reading and resources

What's the latest policy on LGBT+ health? What do you need to know about how transgender people access health and care services? As we come to the end of Pride month, we wanted to draw your attention to our LGBT+ health reading list, which has been collated by our Library team.

[See the reading list](#)



[Learn more about The King's Fund Library service](#)

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Your weekly update

This week, we share the latest bite-sized guide in our Leading through Covid-19 series on staying motivated in uncertain times. Plus, read the new blog from Sally Warren on why a resilient health system is about so much more than hospital bed capacity, and book your place on our free online course.

Staying motivated in uncertain times

Three months into the Covid-19 crisis, the trajectory of the pandemic remains unclear and no one knows what the future looks like. This uncertainty can leave us feeling tired and demoralised, so we've got some guidance on keeping ourselves and our teams motivated in these challenging times.

[Read more \(3-minute read\)](#)



Blog

Resilience is much more than hospital beds

A resilient health and care system is about more than national action. Sally Warren shares her vision for building local resilience that would allow the health and care system to respond effectively to future crises.

[Read Sally's blog](#)

Press statement

['If the government truly agrees that Black lives matter, now is the time to prove it'](#)

Sally Warren, Director of Policy at The King's Fund, responds to the Public Health England report, *Covid-19: understanding the impact on BAME communities*.

[Read our response](#)

Free online event

[Watch on demand: Understanding how patients access medicine across England](#)

Catch up on this event, where we explored the current medicines landscape and highlighted some of the key challenges for patients accessing medicines in England.

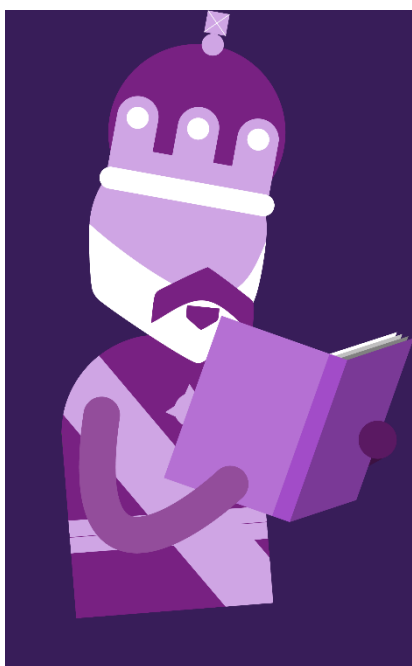
[Watch on demand](#)

Free online course

How does the health care system in England actually work?

Our free online course is back for another run and is open for enrolment now. Join us to build your knowledge of the health system in England through articles, quizzes and videos. Plus you can study each week at a time that suits you.

[Learn more](#)



Virtual book club

What are we reading this month?

Join us for our online book group in July when we will be discussing [So lucky](#) by Nicola Griffith. The novel follows Mara Tagarelli who discovers in the space of a week that her wife is leaving her and that she has been diagnosed with multiple sclerosis. The novel is an exploration of identity, disability and ableism.

[Learn more](#)



[Sign up to our book group newsletter](#)

Join the team

We're hiring!

Want to work at The King's Fund? Join us and help to shape the future of health and social care policy. We're currently hiring for the following roles:

- **Press and Public Affairs Manager, part-time/job share**
- **Policy Fellow, maternity cover**

